

Contents

Foreword		7
The use of words		8
Chapter 1	Introduction	
1.1	A personal narrative	9
1.2	Care and presence	9
1.3	A community in the community	10
1.4	Psychosocial rehabilitation	12
1.5	Recovery	15
1.6	Obstacles to good care	16
1.7	Counteracting movements	17
1.8	Research objectives and methodology	18
1.9	Composition	21
Chapter 2	Recovery: results of an international review	
2.1	Introduction	23
2.2	Methodology and procedure	24
2.3	The notion of recovery	26
2.4	Longitudinal studies	30
2.5	Qualitative studies	35
2.6	A disrupted life	37
2.7	The process of recovery	44
2.8	Recovery factors	53
2.9	Interaction between recovery factors	62
2.10	Summary and conclusions	65
Chapter 3	Dimensions of vulnerability and recovery	
3.1	Introduction	69
3.2	Methodology	70
3.3	Participants	72
3.4	Summary of findings	74
3.5	Process and transitions	75
3.6	Personal niche: Taking care of vulnerability	82
3.7	The recovery of the self	86
3.8	Steps towards social participation	92
3.9	Environmental resources and social niches	97
3.10	Social support	102
3.11	Resources for empowerment	106
3.12	Helpful practices	111
3.13	Conclusion	118

Chapter 4	Elements of good care	
4.1	Introduction	121
4.2	Connecting	123
4.2.1	Immanent notions for a personal connection	123
4.2.2	Constructive communication	133
4.2.3	Interpersonal space	137
4.3	Understanding	139
4.4	Affirming	141
4.5	Securing	144
4.6	Strengthening	149
4.7	Relationship between categories	154
4.7.1	External logic	154
4.7.2	Internal logic	156
4.7.3	Logic from the perspective of time	158
4.8	Conclusion	160
Chapter 5	Contributions to a theory of good care	
5.1	Introduction	163
5.2	Analytical framework	164
5.3	Ethical foundation	167
5.4	Tenets	171
5.4.1	The tenet of presence	172
5.4.2	The tenet of shared perspective	175
5.4.3	The tenet of diversity	177
5.4.4	The tenet of recognition	181
5.4.5	The tenet of autonomy and vulnerability	187
5.4.6	The tenet empowerment	194
5.5	Objectives	203
5.5.1	The care recipient	203
5.5.2	The professional and his practice	206
5.5.2.1	Physical and psychological goods	206
5.5.2.2	Social goods	207
5.5.2.3	Existential goods	209
5.5.3	The society	212
Chapter 6	Contributions to a practice of good care	
6.1	Characteristics	217
6.1.1	Characteristics of care receiver and care giver	218
6.1.2	Characteristics of the professional position	219
6.1.2.1	Change of perspective with preservation of position	220
6.1.2.2	Role and identity that are chosen by the professional	221
6.1.2.3	Responsibilities taken by the good professional	230
6.1.2.4	The nature of the relations	231
6.1.3	Qualities of the professional	234
6.1.3.1	Virtues	235
6.1.3.2	Dispositions	239

6.1.3.3	Abilities	243
6.2	Elements of a practice	245
6.2.1	Creating an interpersonal space	246
6.2.2	Care responsiveness	247
6.2.3	Phases/dimensions	249
6.2.3.1	Preparing	251
6.2.3.2	Approaching	252
6.2.3.3	Getting in touch	252
6.2.3.4	Sensing and understanding	254
6.2.3.5	Affirming and accepting	255
6.2.3.6	Creating a shared perspective	256
6.2.3.7	Doing/acting	257
6.2.3.8	Evaluating and learning	258
6.3	Summary and epilogue	259
	Summary	263
	Literature	283
	Dutch summary	305
	Curriculum Vitae	329